



2018 Project Fresh Senior Coupons

Come join us for Nutrition Classes at the Senior Center located at 1531 Sand Rd, Cheboygan. The first class will be held Thursday, June 21st at 10:30 am for names (A-M) and 2:00 pm for (N-Z). The second class will be held on Tuesday, July 31st at 10:30 am for names (A-M) and 2:00 pm for names (N-Z).

Our Indian River class will be held on Friday, June 22nd at 11:00 am Tuscarora Township Hall located at 3546 South Straits Highway.

Our Wolverine class will be held on Wednesday, July 25th at 11:00 am at the Wolverine Senior Center located at 6225 Wolverine Rd.

Project Fresh Senior Coupons will be awarded to all attendees. These coupons are to be used at local Farmer's Market to get fresh produce. There is nothing better than fresh, locally-grown produce to nourish the body!



If you have questions, please call the MSU Extension office at (231)627-8815

Cheboygan County Cancer Care

We strive to be a **Beacon of Hope** by helping families improve the quality of life for individuals affected by cancer. If you or a loved one is in treatment and are Cheboygan County resident please come and see us. Assistance is available for gas to and from appointments, prescription co-payments, information and referrals.

Alzheimer's & Dementia Support Group

Support Group Meetings are held the

2nd Wednesday of every month

Next one: July 11th . 2018 at 2:00 pm

At Senior Center at 1531 Sand Road

Cheboygan, MI

United Way is here for you, all summer.

Our hours will be the same

Monday– Friday 9am-2pm. We be closed the

